

## Representative Publications

Douglas A. Bernstein

(Complete list is available at [www.douglasbernstein.com](http://www.douglasbernstein.com))

- Bernstein, D.A., Borkovec, T.D., & Hazlett-Stevens, H. (2000). *New directions in progressive relaxation training: A guidebook for helping professionals*. (2nd ed.) New York: Praeger.
- Cassel, E. & Bernstein, D.A. (2001). *Criminal behavior*. Boston: Allyn & Bacon.
- Bernstein, D.A. (2002). Promoting the teaching of psychology: A history of NITOP. In W. Buskist & S. Davis (Eds.), *The teaching of psychology: Essays in honor of Wilbert J. McKeachie and Charles L. Brewer*. Hillsdale, N.J.: Erlbaum.
- Bernstein, D.A. & Goss-Lucas, S. (2004). Tips on effective teaching: Planning and managing your courses. In R. Roediger, J. Darley, & M. Zanna (Eds.), *The compleat academic: A career guide* (2<sup>nd</sup> ed.). Washington, D.C.: American Psychological Association.
- Goss-Lucas, S. & Bernstein, D.A. (2005). *Teaching psychology: A step by step guide*. Mahwah, N.J.: Lawrence Erlbaum.
- Bernstein, D.A. (2005). Was it good for you, too?: Keeping teaching exciting for us and for them. In B. Perlman, L.I. McCann, & W. Buskist (Eds.), *Voices of experience: Memorable talks from the National Institute on the Teaching of Psychology*. Washington, D.C.: American Psychological Society.
- Bernstein, D.A. (2005). Building a repertoire of effective classroom demonstrations. In W. Buskist & S.F. Davis (Eds.), *Handbook of the teaching of psychology*. New York: Blackwell.
- Bernstein, D.A. (2006). Tales of an accidental teacher. In W. Buskist, et al. (eds). *The teaching of psychology in autobiography: Perspectives from psychology's best teachers*. Ebook appearing on the website of the Society for the Teaching of Psychology (<http://teachpsych.lemoyne.edu/teachpsych/div/divindex.html>).
- Bernstein, D. A., Carlson, C., & Schmidt, J.E. (2007). Progressive relaxation: Abbreviated methods. In P.M. Lehrer & R. L. Woolfolk (Eds.) *Principles and practice of stress management* (3rd edition). New York: Guilford.
- Cassel, E. & Bernstein, D.A. (2007). *Criminal behavior*. (2<sup>nd</sup> ed.). Mahwah, NJ: Lawrence Erlbaum.
- Bernstein, D.A. & Nash, P.W. (2008). *Essentials of psychology* (4th ed.) Boston: Houghton Mifflin Company.
- Bernstein, D. A., Penner, L.A., Clarke-Stewart, A., & Roy, E. J. (2008). *Psychology* (8th ed.) Boston: Houghton Mifflin Company.

Kramer, G.P., Bernstein, D. A., & Phares, V. (2009). *Introduction to clinical psychology* (7th edition). Upper Saddle River, New Jersey: Prentice-Hall.

Bernstein, D.A. (in press). *Essentials of psychology* (5th ed.) Claremont, CA: Wadsworth Cengage.